

BUILDING COMMUNITY SUPPORT FOR THE EARLY YEARS



PROVINCIAL NEWS



We are excited to share the [ECCA Annual Provincial Report](#) for 2016. This report demonstrates the collective impact of Coalition work that occurred in Alberta in 2016. Alberta Education has recently posted their [EDI Summary Report](#) on their website. This Report is a provincial summary of the information from the School Authority Reports, prepared for Education by the Offord Centre for sharing with School Authorities and other Education stakeholders.

L-SKIP (Lethbridge Seniors and Kids Intergenerational Pilot)

We know that socialization, physical activity, and literacy are foundational skills for preschoolers. These same skills are also crucial for seniors' quality of life. The L-SKIP pilot is an intergenerational program pairing preschoolers and their caregivers with seniors. During our May pilot session we had 25 participants engage in free play, facilitated games followed by a snack and reading time together. Parents learned key concepts from the Core Story each week during short "Brain Commercials" around the table. One parent emailed, *"My child LOVES this program! She asks me every other day "Can we go to the Seniors Centre today? Pleeeeeease mommy?!?!?"* Check out the [CTV footage!](#)



STRESS AND EARLY CHILDHOOD DEVELOPMENT



In May, we hosted a community presentation on stress and early childhood development for 107 participants. An educator who attend the afternoon session commented, *"I learned if I take care of myself emotionally, physically, spiritually and mentally I will be a more regulated early childhood educator."* A community member attending the free evening session said, *"I see the importance now of developing meaningful connections and helping children acknowledge and identify their emotions and manage stress effectively."*

DIGITAL PLAY PACKS

In partnership with Lethbridge Public Library, LEYC has created Digital Play Packs (DPP) that will be available on loan to the community at The Crossings Branch. Digital Play Pack are designed to encourage and support balance between active and digital play opportunities. DPP contain a Parent Guide, digital and active play ideas and play supplies. Essentially, they are a suitcase packed with fun, reinforcing the importance of BALANCE. Community roll out will be this September.



UPCOMING

We are excited to announce the growing sustainability of the **Roving Gyms** program through partnerships with the YMCA and Lethbridge Public Library. They will be staffing and hosting many of the upcoming fall/winter Roving Gyms.

Wednesday, Oct. 11, LEYC will be hosting a free community session with Dr. MacCormack on **"Rough and Tumble Play"**. <http://www.lethbridgeearlyyears.ca/events.html>

Watch for our fall **Advisory Council breakfast** "save the date". It will be emailed to you by the end of June. Thank you for your continued partnership and support of Lethbridge Early Years Coalition.